

## Referral Criteria

- Are you over 50?
- Do you live in Bristol?
- Would you like to feel more connected to your community?

Some of the reasons you may use this service are:

- Don't see as many people as you would like
- Low mood or lack of motivation
- Bereavement
- Information, advice or guidance
- Carers Support
- Debt or benefit issues
- Housing Issues
- Exercise and Healthy Living
- Mobility Support

Unfortunately, we can't work with everybody. Here are a few examples of people we can't work with at this time:

- If a person has a moderate or severe mental health diagnosis (you may want to try the Specialist Mental Health Navigation Service)
- If someone has advanced Dementia ( you may want to try the Dementia Wellbeing Service)
- If a person does not have capacity to make decisions or consent to the referral being made
- If a person is drug or alcohol dependent.
- If someone is currently seeing a probation officer

If in doubt, give us a call and if we can't help we will point you in the right direction.